



SNOWPLOW SAM 1
ATTENDANCE RECORD/EVALUATION SHEET

Instructor: _____

Lesson Dates: _____

Day: _____ Time: _____

STUDENT NAME	ATTENDANCE <i>Put an "X" in each box to indicate the skater attended class</i>								TEST ELEMENTS <i>Insert "P" under the elements passed or "N" under the elements needing improvement</i>										
	1	2	3	4	5	6	7	8	A	B	C	D	E	F	G	H	I	J	FINAL
1.																			
2.																			
3.																			
4.																			
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8.																			
9.																			
10.																			
11.																			
12.																			

- A. Sit and stand up with skates on: off ice
- B. Sit and stand up with skates on: on ice
- C. March in place
- D. March forward: 8-10 steps
- E. March, then glide on two feet
- F. Dip in place

Snowplow Sam 1



SNOWPLOW SAM 2
ATTENDANCE RECORD/EVALUATION SHEET

Instructor: _____

Lesson Dates: _____

Day: _____ Time: _____

STUDENT NAME	ATTENDANCE <i>Put an "X" in each box to indicate the skater attended class</i>								TEST ELEMENTS <i>Insert "P" under the elements passed or "N" under the elements needing improvement</i>										
	1	2	3	4	5	6	7	8	A	B	C	D	E	F	G	H	I	J	FINAL
1.																			
2.																			
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- A. March followed by a long glide
- B. Dip while moving
- C. Backward wiggles: 6 in a row
- D. Forward two-foot swizzles: 2-3 in a row
- E. Rocking horse: one forward, one backward, swizzle action
- F. Two-foot hop in place

Snowplow Sam 2



SNOWPLOW SAM 3
ATTENDANCE RECORD/EVALUATION SHEET

Instructor: _____

Lesson Dates: _____

Day: _____ Time: _____

STUDENT NAME	ATTENDANCE <i>Put an "X" in each box to indicate the skater attended class</i>								TEST ELEMENTS <i>Insert "P" under the elements passed or "N" under the elements needing improvement</i>										
	1	2	3	4	5	6	7	8	A	B	C	D	E	F	G	H	I	J	FINAL
1.																			
2.																			
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12.																			

- A. Forward skating: 8-10 steps
- B. Forward one-foot glide: R & L
- C. Forward swizzles: 4-6 in a row
- D. Backward swizzles: 4-6 in a row
- E. Forward snowplow stop with skid
- F. Curves

Snowplow Sam 3